

BRITISH GYMNASTICS CODE OF DRESS

1) CODE OF DRESS FOR GYMNASTS & TRAMPOLINISTS

The Code of Dress for participants at a BG Competition will be that stated by the FIG in the sport specific code. Any concessions or variance from this code will be published in the sport specific competition handbook.

During training the clothing should not be too loose nor too tight and should be appropriate to the activity. The wearing of clothing with buckles or clasps should be prohibited. The participants may work in bare feet or socks but gymnastic slippers are encouraged. On trampolines, socks and / or gym slippers must be worn. Long hair should be securely tied back to avoid distraction or loss of vision. Raised adornments on clothing should be discouraged.

Please refer to the separate statement on jewellery.

The Code of Dress for gymnastics and trampolining activities is designed to safeguard the participants and coaches.

This Code of Dress should be adhered to during training and events, but sensitivity to religious convictions regarding dress should be demonstrated. Any concessions on dress should be within the bounds of reasonable safety following risk assessment.

The element of risk should be articulated to the coach/participant (parent or guardian) and every attempt to minimise the risk should be adopted.

If concessions are to be made then the statement below should be issued and signed by the gymnast / parent or guardian.

I _____ have been made aware of the statement above and of the risks associated with concessions made on the code of dress. I accept full responsibility for my decision to participate and indemnify the coach, organiser or BG official against any responsibility as a result of my attire.

Signed: _____ Date: _____

British Gymnastics would not authorise or condone unsafe clothing and consequently the wearing of unsafe clothing may invalidate the insurance.

2) CODE OF DRESS FOR COACHES AT EVENTS

Coaches who are active in the event arena should dress smartly according to the following:-

Tracksuits with socks and training shoes; polo shirts or sweatshirts with long trousers, socks and gym shoes or gym slippers,

Or

Where coaches are not physically active in the event arena, they should dress smartly according to the traditions of the particular discipline.